

## **CARE IN THE HOME**

Our team of registered nurses, auxiliary nurses, home care workers and personal support workers, provide, if necessary, personal care and/or, if prescribed by a physician, nursing care, 7 days a week and from 8:00 AM to 8:00 PM.

## **OCCUPATIONAL THERAPY PHYSIOTHERAPY**

Our specialists can offer you home services depending of the specificity of your case: evaluations of the needs, treatments, supervised exercises, follow-up. And this in accordance with your doctor's or specialist's prescription. By appointment only.

## **FOOT CARES**

A Registered Nurse servicing your feet ! She will offer you basic or specific cares according to your needs. Specialized in diabetic patients, she will show them how to take care of themselves. By appointment only.

## **HAIRDRESSER / MANICURIST**

With more than 21 years of experience in this field, it will be with lots of gentleness and professionalism that she will enhance your beauty in the comfort of your home. She offers help and references for prothesis.

## **HOUSEKEEPING**

The home support worker does the home cleaning, can do grocery, prepare meals and help with other daily chores. Just being there can offer some moral support.

We offer these services 7 days a week from 8:00AM to 8:00 PM

## **OVERNIGHT CARE**

The team of auxiliary nurses, home care workers and personal support workers, offers you, a personal companion in order to help with home care support 7 days a week from 8:00 PM to 8:00 AM

## **TRANSPORT, COMPANIONSHIP**

The team offers a companion to accompany you to your appointments, social activities or shopping errands. Or just to keep you company.

Generally offered 7 days a week from 8:00AM to 8:00 PM we can, upon request, accommodate your needs.

## **TELEASSISTANCE**

One, or more, daily telephone calls to keep in contact with people who are living alone. This can comfort them and also reassure their family members.

## **HANDYMAN SERVICES**

The Team can look after small repairs and maintenance around the home. Examples include unblocking sinks, changing light bulbs, mowing the lawn and removing the snow... 7 days a week from 8:00AM to 8:00 PM

## **RESIDENCE ADAPTATION**

Following the recommendation of an Occupational Therapist we can arrange for the changes required in your home to make it easier for residents with physical or other limitations to continue to live comfortably at home.

## **MEALS**

In collaboration with the Café Ste-Agnès (projet d'économie sociale) balanced and varied meals will be delivered to your home ready to reheat (microwave or oven).

## **MEDICAL ANALYSIS (to be implemented)**

In collaboration with a medical laboratory on the South Shore, we will take the samplings at home for the ones who cannot move.

On request, we can provide specialized services as Birthday organization, relaxation session for informal caregivers...

9192-3318 Québec Inc. doing business as:  
**SOINS À DOMICILE – L'ÉQUIPE**  
**THE HOME CARE TEAM**

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Mrs. Nathalie Horth, R.N., Team leader

Mission Statement :

« Soins à domicile – L'Équipe / The Home Care Team » offers services which help seniors and / or handicapped persons to stay at home as long as their general condition will allow and also provide backup support for informal caregivers.

In order to do so, very qualified and experienced professionals assess the condition of these persons and suggest the most appropriate services which will allow, with a minimum of help, our clients to stay in their own environment and enjoy their familiar surroundings.

We do not intend to replace any clinic and are not a placement agency.

We offer , to the general public, care and services they cannot get elsewhere, within a secure environment.

Our strength is found in all the little « extras » like the higher qualifications, greater experience and the personal interaction of our caregivers. As well as the other areas which go beyond the health issues, such as progressive contracts, fiscal, financial and healthcare resource knowledge.

**SOINS À DOMICILE – L'ÉQUIPE**  
**THE HOME CARE TEAM**

**HOME CARE SERVICES**



**TO CREATE A LINK AND IMPROVE THE  
QUALITY OF LIFE OF ELDERLY AND  
HANDICAPPED PERSONS.**

**(450) 670-7333**